



Youth Resource Guide

YOUTH RESOURCE GUIDE is an initiative of the Foothill Workforce Investment Board's Youth Council whose mission is to coordinate educational and career development services to help youth become self-sufficient.

Foothill WIB Youth Council
(626) 584-8381 • www.Foothilletc.org



YOUTH RESOURCE GUIDE

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Youth Resource Guide

ALCOHOL & DRUG SERVICES

Alcohol & Drug Helpline
(800) 821-HELP (4357)
(626) 795-9127
Counseling and referral information.

Drug & Alcohol/Tobacco/Addictions
Bishop Gooden Home
Pasadena, CA
(626) 356-0078
Rehab services.

Eaton Canyon Foundation
Pasadena, CA
(626) 798-0150
www.eatoncanyon.org
Counseling and treatment service.

Impact Drug and Alcohol Treatment Center
Pasadena, CA
(626) 798-0884
www.impacthouse.com
Drug and alcohol rehabilitation program.

Pacific Clinics Youth Services
Pasadena, CA
(626) 795-8471
www.pacificclinics.org
Counseling and treatment service.

Pasadena Council-Alcoholism & Drug Dependency
Pasadena, CA
(626) 795-9127
Counseling and treatment service.



Santa Anita Family Services
Monrovia, CA
(626) 359-9358
www.santaanitafamilyservice.org
Counseling and treatment service.

Youth Activity Center
Sierra Madre, CA
(626) 355-5278 ext.720
www.ci.sierra-madre.ca.us
Counseling and referral information.

BASIC NEED SERVICES
May include food, utility assistance, clothing, etc.

All Peoples Christian Center
Los Angeles, CA
(213) 747-6357 ext. 34 or 35
Food and clothing.

Child Care Information Service-CCIS
Pasadena, CA
(626) 405-4349
www.ccispasadena.org
Child care referrals, emergency childcare.

Door of Hope
Pasadena, CA
(626) 304-9130
www.doorofhope.us
Shelter for the homeless/one year transitional program for homeless couples, single mothers, and their children.



El Nido Adolescent Family Program
Billy Ross
Los Angeles, CA 90044
(323) 757-0101 ext. 259
Transportation, employment and family planning.

Foothill Unity Center
Monrovia, CA
(626) 358-3486
www.foothillunitycenter.org
Food, hygiene kits and more.

Foothill Unity Center
Pasadena, CA
(626) 584-7420
www.foothillunitycenter.org
Food and clothing.

Grace Center
Pasadena, CA
(626) 355-4545
www.grace-center.org
Emergency response, and/or crisis counseling, evaluation, advocacy, referrals and resource.

Haven House Administration
Pasadena, CA
(626) 564-8880
www.havenhouseela.com
Emergency shelter and services including food, clothing, counseling, advocacy and transportation.

LOVE, Inc.
(626) 858-3300
Client Helpline
Area churches provide emergency assistance to the needy.

Passageways
Pasadena, CA
(626) 403-4888
www.passageways.org
Emergency shelter and transitions in school.

Presbyterian Church
Arcadia, CA
(626) 268-8500
www.arcadiapres.org
Food packages.

Salvation Army Community Center & Church
Temple City, CA
(626) 287-6930
Food and clothing.

Union Station
Pasadena, CA
(626) 449-4596
www.unionstationfoundation.org
Shelter and meals.





COUNSELING/MENTAL HEALTH

Arcadia Mental Health

Los Angeles County Dept. of Mental Health
Arcadia, CA
(626) 821-5858
www.dmh.lacounty.gov
Counseling, rehabilitation and treatment service.

Bienvenidos

Altadena, CA
(626) 798-7222
www.bienvenidos.org
Mental health services.

Foothill Family Services

Pasadena, CA
(626) 795-6907
www.foothillfamily.org
Professional counseling, mental health treatment.

Frontpoint Child & Adolescent Therapy

Pasadena, CA
(626) 396-9502
www.frontpoint.org
Mental health services.

Gang Prevention

Unity One
Los Angeles, CA
(213) 963-5843
Counseling and referral services.

Las Encinas Hospital

Pasadena, CA
(626) 795-9901
Counseling and treatment service.

Lifechanges Counseling Center

Sierra Madre, CA
(626) 355-2321
Counseling.

Life Counseling Group

Monrovia, CA
(626) 358-0155
www.lifecounselinggroup.org
Counseling.

Pacific Clinic East

Duarte, CA
(626) 303-1542
www.pacificclinics.org
Counseling and treatment service.

Pasadena Mental Health Center

Pasadena, CA
(626) 798-0907
www.pmhc.org
Counseling and referral services

Northeast Mental Health Services

Los Angeles, CA
(323) 478-8200
www.lacounty.info
Mental health services.

The South Pasadena Conv. Hospital

South Pasadena, CA
(626) 799-9571
Mental health services.

Rodiger Center

Pasadena, CA
(626) 792-3062
Counseling.

Youth Activity Center

Sierra Madre, CA
(626) 355-5278 ext.720
www.ci.sierra-madre.ca.us
Counseling and referral services.

CULTURAL ENRICHMENT PROGRAMS

After School Adventures

Sierra Madre, CA
(626) 355-2004
After school youth activities information.

Altadena Community Improvement Center

Pasadena, CA
(626) 795-7990
www.ccafs.org
Community arts center for youth.



City of Monrovia

Monrovia, CA
(626) 256-8246
www.cityofmonrovia.org
Cultural program information.

Creative Arts Group

Sierra Madre, CA
(626) 355-8350
www.creativeartsgroup.org
Art classes.

Encompass

Monrovia, CA
(626) 358-3442
www.encompass.org
Serve youth of all cultural, religious and socioeconomic backgrounds in the same setting.

High Spirit Dance Class

Altadena, CA
(626) 399-5789
Dance class for youth.

The Armory Center for the Arts

Pasadena, CA
(626) 792-5101
www.armoryarts.org
Community arts center for youth.

West San Gabriel Valley Youth

Alhambra, CA
(626) 570-8513
Community arts center.

Youth Activity Center

Sierra Madre, CA
(626) 355-5278 ext.720
www.ci.sierra-madre.ca.us
Community art center and homework assistance.

DISABILITY SERVICES

California Department of Rehabilitation

Pasadena, CA
(626) 304-8329
www.dor.ca.gov
Assists persons with disabilities in obtaining and retaining employment.

Duarte City Hall

Community Services
Duarte, CA
(626) 357-7931
www.accessduarte.com
Services for persons with disabilities.

Eastern L.A. Regional Center for

The Developmentally Disabled
Alhambra, CA
(626) 299-4700
www.elarc.org
Assist persons with disabilities in obtaining and retaining employment.

Foothill Vocational Opportunities

Pasadena, CA
(626) 449-0218
www.foothillvoc.org
Job and training to persons with disabilities.

Frank D. Lanterman Regional Center For The Developmentally Disabled

(213) 383-1300
Assists persons with disabilities in obtaining and retaining employment.

I Q Academy

Arcadia, CA
(626) 254-9753
Community & Social Services, persons with disabilities.

Learning Disabilities Association

Sierra Madre, CA
(626) 355-0240
www.lalda.com
Assists persons with disabilities in obtaining and retaining employment.

Merci

Monterey Park, CA
(626) 289-881
www.merci.org
Assists people with severe disabilities the right to an education in life skills.

Volunteer Center of Monrovia

Monrovia, CA
(626) 256-8187
www.volunteercentersca.org
Designed to place people with disabilities in volunteer positions to help bridge the transition into the workforce.

EDUCATION

Alhambra School District: Adult Education Division

San Gabriel, CA
(626) 308-2319
www.cityofalhambra.org
Classes and academic programs.

Baldwin Park Adult Education

West Covina, CA
(626) 939-4429
www.bpace.k12.ca.us
Classes and academic programs.

California State University

Los Angeles, CA
(323) 343-4194
www.calstatela.edu
Classes and academic programs.

Citrus College

Glendora, CA
(626) 914-8701
www.citruscollege.edu
Classes and academic programs.

International Education & Exchange

South Pasadena, CA
(626) 799-3632
Education programs and exchange students.

Los Angeles County Office of Education ROP

Monrovia Adult School
Monrovia, CA
(626) 471-2865
www.lacorop.org
Classes and academic programs.

Los Angeles County Office of Education ROP

Pasadena Unified School District
Pasadena, CA
(626) 795-6981
www.manila.pasadena.k12.ca.us/ROP
Classes and academic programs.

Neo Fine Art Learning Center

Arcadia, CA
(626) 574-1244
Art classes.

Pasadena City College

Pasadena, CA
(626) 585-7400
www.pasadena.edu
Classes and academic programs.

Pasadena Unified School District: CTEI-ROP

Pasadena, CA
(626) 795-6981 x380
www.pusd.us
Classes and academic programs.
Occupational skills training.

Rosemead Adult School

Rosemead, CA
(626) 285-0452
www.emras.emuhdsd.k12.ca.us
Classes and academic programs.

Youth Activity Center

Sierra Madre, CA
(626) 355-5278 ext.720
www.ci.sierra-madre.ca.us
Homework assistance.

EMERGENCY & TRANSITIONAL HOUSING

18 yrs. & older unless otherwise noted

Five Acres

Altadena, CA
(626) 798-6793
www.5acres.org
Transitional housing.

Hillsides (Transitional Living Program)

Pasadena, CA
(626) 219-1240
www.hillsides.org
Transitional housing.

Homes for Life Foundation

Los Angeles, CA
(310) 337-7417
www.homesforlife.org
Housing for mentally ill adults in Los Angeles County.

Pacific Clinics Hestia House (Permanent Housing)

Pasadena, CA
(626) 255-3364
www.pacificclinics.org
Transitional housing.

Pasa Alta Manor

Pasadena, CA
(626) 798-6986
www.manor-ico.org
Residential care center.

The Sycamores

Pasadena, CA
(626) 395-7100
www.sycamores.org
Transitional housing.

EMPLOYMENT SERVICES

Arcadia Health Care Center

Arcadia, CA
(626) 445-4908
Medical services to youth and adult.

Bill Moore Community Health Clinic

Pasadena, CA
(626) 398-3796
www.urdchsc.org/bmchc
Low cost primary health care services to youth.

California National Guard

Glendale, CA
(818) 246-6447
www.calguard.ca.gov
Employment opportunities.

Casey Family Programs

Pasadena, CA
(626) 296-2641
(877) 735-7272
www.casey.org
Resource lab, resume workshops.





City of Arcadia
Arcadia, CA
(626) 574-5400
www.ci.arcadia.ca.us
Employment information.

City of Pasadena
Pasadena, CA
(626) 744-4366
www.cityofpasadena.net
Employment information.

City of Monrovia
Monrovia, CA
(626) 932-5550
www.cityofmonrovia.org
Employment information.

City of Sierra Madre
Sierra Madre, CA
(626) 355-7135
www.cityofsierramadre.com
Employment information.

City of South Pasadena
Pasadena, CA
(626) 403-7219
www.ci.south-pasadena.ca.us
Employment information.

Duarte Parks and Recreation
Duarte, CA
(626) 357-7931
www.accessduarte.com
Employment services.

Duarte Teen Center
Duarte, CA
(626) 303-0863
Information and youth activities referrals.

Employment Development Department
Youth Employment Opportunity Program (YEOP)
Pasadena, CA
(626) 304-7922
www.edd.ca.gov
Stay in school program, provide peer advising, referral to supportive services, job referrals & placement assistance.

Ettie Lee Youth & Family Service
Baldwin Park, CA
(626) 960-4861
www.ettielee.org
Clinic and family services.

Foothill Employment and Training Connection
Pasadena, CA
(626) 584-8381
www.foothilletc.org
Job training, job match, job referral.

HEALTH CARE
Community Health Alliance of Pasadena
C.H.A.P. Clinic
Pasadena, CA
(626) 398-6300
www.chapcare.org
Primary care clinic offering medical and dental services.

H.E.A.R. CENTER
Pasadena, CA
(626) 796-2016
Medical services to youth and adult.

Kaiser Permanente
Youth Workforce Preparation Program
Pasadena, CA
(626) 405-5395
www.kaiserpermanentejobs.org
Summer employment.

Los Angeles Job Corps
Los Angeles, CA
(213) 741-5376
www.jobcorps.dol.gov
Career technical training & educational program

Mid-San Gabriel Valley Consortium
El Monte, CA
(626) 444-9500
Employment services including on the job training and job placement.

Monrovia Adult School/ROP
Monrovia, CA
(626) 471-3035
www.monroviashools.net/adulted
Job training, job match, job referral.

Monrovia Health Center
Monrovia, CA
(626) 256-1600
www.cityofmonrovia.org
Primary care clinic offering medical.

Pasadena Public Health Department
Pasadena, CA
(626) 744-6005
www.cityofpasadena.net
Free clinic.

Pasadena Tobacco Control Program
Pasadena, CA
(626) 744-6057
www.ci.pasadena.ca.us/publichealth
Information for youth with a tobacco-free environment through prevention and educational activities.

Santa Inez Medical Clinic
Duarte, CA
(626) 256-3638
Primary care clinic offering medical.

Sierra Madre Community Medical Group
Sierra Madre, CA
(626) 355-3443
Medical services to youth and adult.

Teen Families Program
West Covina, CA
(626) 338-9200
Job training and job placement.

Women at Work
Pasadena, CA
(626) 796-6870
www.womenatwork1.org
Career and job resource center serving a broad spectrum of women.

Worksource Center and Career Partners
San Gabriel, CA
www.careerpartners.org
(626) 572-7272
Employment services including on the job training and job placement.

Worksource Center and Central San Gabriel Valley
El Monte, CA
www.goodwillsoocal.org
(626) 258-0365
Employment services including on the job training and job placement.

Young and Healthy
Pasadena, CA
(626) 795-5166
Free medical, dental, and mental health services.

Youth Activity Center
Sierra Madre, CA
(626) 355-5278 ext.720
www.ci.sierra-madre.ca.us
Job training, job match, job referral.

Youth Employment Service
La Canada Flintridge, CA
(818) 952-4217
Job training, class training, and job placement.

FAMILY PLANNING

Crisis Pregnancy
Elizabeth House
Pasadena, CA
(626) 577-4434
www.elizabethhouse.net
Housing for women and their children.

Foothills Pregnancy Center
Duarte, CA
(626) 358-2122
www.foothillsprc.org
Alternatives to abortion for the women of Arcadia, Azusa, Duarte, El Monte, Monrovia and the San Gabriel Valley.

Planned Parenthood Clinics
Pasadena, CA
(626) 796-0706
www.pppasadena.org
Medical, educational, and advocacy services.

Teen Pregnancy
(800) 395-HELP
www.pregnancycenters.org
24/7 assistance with teen pregnancy.

HOTLINES

Alcohol & Drug Helpline
(800) 821-HELP (4357)
Alcohol & drug counseling.

Child Abuse Hotline
Judge Bakers Children's Center
(800) 792-5200
www.mass.gov/dss
Counseling and referral information.

County of Los Angeles-24 hrs
Los Angeles, CA
(800) 339-6993
www.infoline-la.org
Information to youth and referral to community agencies that help with family problems.

Eating Disorders Hotline
Eating Disorders Awareness and Prevention
(800) 931-2237
Counseling and referral information.

Medical Hotline
America Social Health: STD Hotline
(800) 227-8922
Counseling and referral information.

Rape and Sexual Assault Hotline
Rape, Abuse, and Incest National Network (RAINN)
(800) 656-HOPE
Counseling and referral information.

RUNAWAYS Line (Option 6)
(800) -runaway
www.1800runaway.org
Counseling and help from alcohol and drug problems.

Shoplifters Hotline
Shoplifters Anonymous
(800) 848-9595
www.shopliftersalternative.org
Counseling and referral information.



Substance Abuse Hotline
(800) 262-2463
National Help Line for substance abuse, provides counseling and referral information.

Suicide Hotline
(800) 273-TALK (8255)
National suicide prevention lifeline, counseling and referral information.

TEENLINES
Los Angeles, CA
(310) 855-HOPE (800) 852-8336
Helps adolescents address their problems.

LEGAL ASSISTANCE & INFORMATION

Assist With Power of Attorney (AWPA)
Pasadena, CA
(818) 807-6566
Legal assistance and counseling.

California Legal, LLC
Monrovia, CA
(800) 939-1088
Legal assistance and counseling.

Teen Families Program
West Covina, CA
(626) 338-9200
Legal assistance and counseling.

Victim Witness Assistance Program
Pasadena, CA
(626) 356-5715
Legal assistance and counseling.

YWCA Wings Program
West Covina, CA
(626) 967-0658 Helpline
Legal assistance and counseling.

MENTORING/AFTER-SCHOOL PROGRAMS

Big Sisters of Los Angeles
Los Angeles, CA
(323) 933-5749
After-school program and tutoring.

CASEY Family Programs
Pasadena, CA
(626) 229-2329
After-school program and mentoring.

City of Duarte Recreation Programs & Teen Center
Duarte, CA
(626) 357-7931
www.accessduarte.com
After-school program and mentoring.

City of Monrovia Department of Recreation
Monrovia, CA
(626) 256-8233
www.cityofmonrovia.org
After-school program and mentoring.

City of Pasadena Human Services & Recreation
Pasadena, CA
(626) 744-7550
www.cityofpasadena.net
After-school program.

Dispute Resolution Services of Los Angeles
Los Angeles, CA
(213) 896-6533
www.lacba.org/drs
Assistance to young people in educational settings.

Teen Families Program
West Covina, CA
(626) 338-9200
www.foothillfamily.org
After-school program and tutoring.

West San Gabriel Valley Youth Athletic and Arts Center a.k.a. Alhambra Youth Boxing Club
Alhambra, CA
(626) 570-8513
After-school program and tutoring.

YMCA Pasadena-Foothill Valley
Pasadena, CA
(626) 793-5171
After school programs and mentoring.

Youth Center at St James
South Pasadena, CA
(626) 799-6266
Schools and educational services.

REGIONAL YOUTH NETWORKS

City of Monrovia-Recreation Division
Monrovia, CA
(626) 256-8246
www.cityofmonrovia.org
Youth network.

Consolidated Youth Services Network
Pico Rivera, CA
(562) 630-9900
Youth network.

Los Angeles Youth Network
Hollywood, CA
(323) 957-7364
www.layn.org
Youth network.

Pasadena Police Department - PAL PROGRAMS
Pasadena, CA
(626) 744-4551
www.ci.pasadena.ca.us/police
Youth network.

Youth Activity Center
Sierra Madre, CA
(626) 355-5278 ex 720
www.cityofsierramadre.com
Youth network.

Youth Programs-City of Arcadia
Arcadia, CA
(626) 574-5400
www.ci.arcadia.ca.us
Youth network.



TRANSPORTATION SERVICES

Arcadia Transit
Arcadia, CA
(626) 445-2211
www.ci.arcadia.ca.us
Transportation and transit service.

ARTS (Area Rapid Transit System)
Pasadena, CA
(626) 744-4055
www.ci.pasadena.ca.us/trans/transit
Transportation and transit service.

Duarte Transport System
Duarte, CA
(626) 357-7931
www.accessduarte.com
Transportation and transit service.

Foothill Transit
Los Angeles, CA
(800) RIDE-INFO
www.foothilltransit.org
Transportation and transit service.

Monrovia Transit
Monrovia, CA
(626) 358-3538
www.cityofmonrovia.org
Transportation and transit service.

Sierra Madre Dial-A-Ride
Sierra Madre CA
(626) 355-7135
www.ci.sierra-madre.ca.us
Transportation and transit service.

South Pasadena
South Pasadena, CA
(626) 372-8700
www.ci.south-pasadena.ca.us
Transportation and transit service.

MTA
Los Angeles, CA
(800) COMMUTE
www.mta.net
Transportation and transit service.

YOUTH VOLUNTEER/LEADERSHIP OPPORTUNITIES

All Saints Church
Pasadena, CA
(626) 355-1246
www.allsaints-pas.org
Youth volunteering program and information.

Campfire Council of the Foothills
Monrovia, CA
(626) 305-1200
Outdoor adventure, self-reliance and community service.

Duarte Teen Center
Duarte, CA
(626) 303-0863
www.Accessduarte.com
Youth volunteering program and information.

Flintridge Foundation Nonprofit
Leadership Program
Pasadena, CA
(626) 449-0839
www.flintridgefoundation.org
Resources and training for youth.

Huntington Hospital Volunteer Services
Pasadena, CA
(626) 397-5208
www.huntingtonhospital.com
Volunteer program for youth.

Leadership Pasadena
Pasadena, CA
(626) 535-5276
www.leadershippasadena.org
Leadership program for youth.

Monrovia Volunteer Center
Monrovia, CA
(626) 256-8187
www.volunteercentersca.org/vc_monrovia.htm
Youth volunteer program and information.

Mothers Club
Pasadena, CA
(626) 529-0350
Youth and adult volunteer and information program.

Mount Wilson Vista Council Girl Scouts
Arcadia, CA
(626) 445-7771
www.gsmwvc.org
Training program and Girl Scout activities.

Outward Bound Adventures
Pasadena, CA
(626) 564-0844
www.outwardbound.org
Youth volunteering program and information.

Pasadena Humane Society
Pasadena, CA
(626) 792-7151
www.phsspca.org
Volunteer and training.

PUSD Health Program
Pasadena, CA
(626) 795-6981 ext 247
www.pusd.us
Volunteer opportunities.

San Gabriel Valley Council Boy Scouts Of America
Pasadena, CA
(626) 351-8815
www.sgvcsa.org
Youth leadership in scouting programs.

San Gabriel Valley Habitat for Humanity
Pasadena, CA
(626) 792-3838
www.sgvhabitat.org
Volunteer and training.

Teen Volunteer Program-South Pasadena Public Library
South Pasadena, CA
(626) 403-7358
www.ci.south-pasadena.ca.us/library
Volunteer throughout South Pasadena libraries.

Youth Activity Center-City of Sierra Madre
Sierra Madre, CA
(626) 355-7135
www.cityofsierramadre.com
Volunteer programs.

Youth Volunteer Program
Arcadia, CA
(626) 821-4328
www.ci.arcadia.ca.us
Youth volunteering program information.

Notes



Foothill WIB Youth Council
1207 E. Green St. Pasadena, CA 91106
www.Foothilletec.org • 626-584-8381



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